Emmad Karmouta MD

EDUCATION

Rush University Medical Center — Chicago, IL
Psychiatry Resident, served as Chief Resident in 4th year — 07/2021 – 06/2025

Rosalind Franklin University — Chicago, IL
Doctor of Medicine (MD) — 07/2017 – 06/2021

University of California, Davis: College of Letters & Sciences — Davis, CA
Bachelor's of Sciences in Psychology — 08/2012 – 03/2016

LICENSURE AND CERTIFICATIONS

STATE MEDICAL LICENSE: Illinois — **Active**

STATE MEDICAL LICENSE: California — **Active**

DEA — **Active**

Board Eligible – American Board of Psychiatry and Neurology — **Sept 2025**

ACLS and BLS Certification: American Heart Association — **Active**

EMPLOYMENT AND VOLUNTEERING

Inpatient Psychiatrist — **Santa Barbara, CA**
Santa Barbara Cottage Hospital; Traditions Behavioral Health — 07/2025 – Present

- Managing 15 bed voluntary psychiatric unit treating psychiatric and substance use disorders
- Leading treatment team consisting of nurses, case managers, and therapists to create effective treatment plans

Mugen Psychiatry — **Chicago, IL**
Inpatient Psychiatry Moonlighter — 01/2024 – 05/2025

- Providing weekend coverage for Hartgrove Hospital, managing a caseload of 25-40 adult and child inpatients per weekend
- Ensuring accurate and billable documentation, as well as effective treatment plans

Rush University Medical Center — **Chicago, IL**
Emergency Psychiatry Moonlighter — 07/2022 – 06/2025

- Over 500 hours of experience working in the psychiatric emergency department
- Providing treatment and disposition across a range of psychiatric emergencies in an efficient and timely manner

UC Davis Sleep Lab — **Davis, CA**
Research Coordinator — 07/2016 – 04/2017

- Researched a longitudinal study on the differential and interacting effects of age and sleep restriction on daytime sleepiness and vigilance in adolescence
- Conducted EEG experiments on subjects to measure the effect of sleep restriction on daytime sleepiness, executive function, and psychomotor vigilance

Camp Kesem Davis — **Davis, CA**
Volunteer Camp Counselor and Coordinator — 03/2012 – 07/2016

- Raised over $70,000 to coordinate a free one week summer camp for kids with parents have or have had cancer
- Served as a camp counselor and mentor for children ages 6-16

HONORS, LEADERSHIP, AND AWARDS

Chief Psychiatry Resident: 2024-2025 — **Rush University Medical Center**
Class Leader: 2021-2025 — **Rush University Medical Center**
Phi Beta Kappa: 2015-2016 — **UC Davis**

NOT YET RETAINED

Outstanding Community Service Award*:* 2013-2014 **UC Davis**
Dean's Honors List*:* Academic Years: 2012-2013, Fall 2013 and Spring 2014, Fall and Winter 2015 **UC Davis**

SKILLS AND INTERESTS

Languages: Proficient in Arabic. Intermediate in Spanish
Interests: Traveling, cooking, and movies

RESEARCH

Publications:

Campbell IG, Van Dongen HPA, Gainer M, Karmouta E, Feinberg I. Differential and interacting effects of age and sleep restriction on daytime sleepiness and vigilance in adolescence: a longitudinal study. Sleep. 2018 Dec 1;41(12):zsy177. doi: 10.1093/sleep/zsy177. PMID: 30169721; PMCID: PMC7191880.

Razavi, M.K., Karmouta, E. Catheter-Based Therapies for Deep Vein Thrombosis. *Curr Cardiol Rep* **16**, 497 (2014). https://doi.org/10.1007/s11886-014-0497-0

NOT YET RETAINED