Johand Rodríguez-Fernández, Psy.D. (he/him/él)

Licensed Clinical Psychologist
California | Michigan | Virginia | Florida | Puerto Rico

Education

08/2009 - 07/2014	Carlos Albizu University, San Juan PR Psy.D. Doctoral Degree in Clinical Psychology (APA Approved) Distinction
08/2009 – 07/2012	Carlos Albizu University, San Juan PR M.S. Master in Science in Clinical Psychology (APA Approved) Distinction
08/2004 – 05/2009	University of Puerto Rico, Cayey PR B.A. Bachelor of Arts in Psychology and Mental Health Member of the PSY CHI Association Cum Laude
01/2008 – 06/2008	William Paterson University, Wayne NJ Exchange Student

Licensure

11/2025	California Board of Psychology #36371
09/2023	State of Michigan, Department of Professional #6301019332
05/2021	Government of Puerto Rico, Department of Health #6948
04/2021	Virginia Department of Health, Board of Psychology #0810007461
09/2018	Florida Department of Health, Board of Psychology PY 10259

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Dissertation

07/2014	Training program on strategies to support family members of gay identified adolescents in fostering acceptance and support in their identity development. Committee: Nanet López, Psy.D. / Juan Nazario, Psy.D.

Languages

Fully Bilingual (English / Spanish); Oral and Written Full Proficiency

Clinical Experience

11/2024 to Present	MRG Exams Travel Psychologist Activities involved: Conduct in-person Compensation and Pension evaluations for Veterans (C&P) throughout United States.
08/2024 to Present	Prosper Health Licensed Psychologist Activities involved: Conduct virtual autism diagnostic screening evaluations to adults.
01/2024 to Present	Avanzatech Workshop Lecturer Activities Involved: Provide workshops to teachers and other school personnel on topics regarding mental health and education.
10/2018 to Present	Johand Rodríguez, Psy.D. - Private Practice Licensed Psychologist Activities Involved: Provide individual psychotherapy therapy through Tele-Behavioral health, completion of administrative tasks.
07/2020 to 10/2023	Included Health – Doctor on Demand Licensed Psychologist Activities involved: Provide individual therapy to diverse people in the states of Florida and Virginia via Tele-Behavioral health.
03/2021 to 01/2022	NUC University Subject Matter Expert Activities Involved: Syllabus and course content development for Master Program in I/O Psychology. Identify general resources and research materials.

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	Courses: Cognitive bases of behavior, and Biological bases of behavior.
12/2018 to 05/2022	Borinquen Medical Center of Miami Dade (Federally Qualified Health Center) Licensed Psychologist Activities Involved: Provide assessment, group and individual therapy to people experiencing symptoms of distress due to mental illness, trauma, substance use, and co-occurring disorders; Assist in coordination, organization and implementation of programs founded by SAMHSA (STOPP-E and BCARE – programs focus on working with substance use and homelessness, LGBTQ+ communities, and HIV)
07/2020 to 05/2021	Florida Atlantic University Licensed Psychologist / Faculty at the Counseling and Psychological Services (CAPS) Activities Involved: Individual and group psychotherapy; participation and coordination of outreach activities and workshops to the student community and faculty members; active member in different activities as part of diversity and inclusion initiatives.
10/2018 to 2019	Cotler Healthcare and Development, Wellington FL Independent Contractor / Licensed Psychologist Activities Involved: Conduct diagnostic interviews, intake assessments, administer and analyze psychological and neurocognitive assessments scales to support treatment plan, and individual psychotherapy. Collaboration with treatment team at Skill Nursing Facilities to ensure residents achieve the highest level of physical, cognitive, and psychosocial functioning.
05/2017 to 10/2018	Segal Trials, Miami FL Inpatient and Outpatient Clinical Rater Activities Involved: Conduct bio-psychosocial and diagnostic interviews, intake assessments, administration of efficacy rating scales for different psychiatric indications, administration of cognitive and neurocognitive batteries, and recruitment of appropriate patients for inpatient clinical trials, participation in protocol specific investigator meetings. Significant experience administering and scoring following scales (not limited to): PANSS, MINI, MMSE, CSSR-S, S-STS, MADRS, YMRS, CIG, PSP, GAF *Supervisor*: Olga Lapeyra, MD

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07/2015 to 03/2018	Gerena & Associates, Coral Springs FL Therapist Activities involved: Group Therapy, Family Therapy, Individual Therapy to children and families completing diversion program due to sexual inappropriate behaviors, active collaboration with the Department of Juvenile Justice. *Supervisor*: Juliana Gerena, Psy.D.

Supervision Experience

10/2018 to Present	Johand Rodríguez, Psy.D. - Private Practice Supervision activities: Clinical supervision, and consultation to independent contractors in the practice.
08/2022 to 12/2022	Albizu University Supervision activities: Psychology practicum course and supervision of graduate students in counseling psychology.
07/2020 to 05/2021	Florida Atlantic University Supervision activities: Clinical Supervision for the Psychology Internship Program (APA approved)
12/2018 to 05/2022	Borinquen Medical Center of Miami Dade (Federally Qualified Health Center) Supervision activities: Individual and group clinical supervision to associate therapists and graduate trainees in Psychology; Personnel supervision.

Teaching Experience

08/2016 to Present	Miami Regional University, Miami FL Adjunct Faculty Courses: General Psychology, Growth and Development, Social Psychology
08/2017 to 12/2017	Score at the Top, Coral Springs FL Psychology Instructor, Course: AP Psychology
07/2015 to 08/2016	Miami Regional University, Miami FL Assistant Professor, Chair of Behavioral Sciences, Chair of the Student Nursing Association Courses: General Psychology, Growth and Development, Social Psychology, Psychosocial Integration Review for National Council Licensure Examination for Registered

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	Nursing (N-CLEX), Self-Care and Test Taking Anxiety Seminars
08/2012 to 12/2012	Carlos Albizu University, San Juan PR Teacher Assistant Course: Psychological Assessment (Focus on Rorschach Inkblot Test)

Research Experience

01/2018 to 10/2018	A prospective, randomized, double-blind, dose-comparison concurrent control study to assess the safety and tolerability of GRF6019 infusion in subjects with mild to moderate Alzheimer's Disease. Clinical Rater Assessments / Efficacy scales administered: Alzheimer's Disease Assessment Scale (ADAS-COG), Grooved Pegboard Test, Mini-Mental State Examination (MMSE), Columbia Suicide Severity Rating Scale (CSSR-S) A double-blind, placebo-controlled, randomized withdrawal, multicenter clinical trial evaluating the efficacy, safety and tolerability of Cariprazine in a dose-reduction paradigm in the prevention of relapse in Bipolar 1 patients whose current episode is manic or depressive, with or without mixed features. Sub/Investigator and Clinical Rater Assessments / Efficacy scales administered: Structured clinical interview for DSM (SCID), Young Mania Rating Scale (YMRS), Montgomery-Asberg Depression Rating Scale (MADRS), Clinical Global Impression (CGI), Columbia Suicide Severity Rating Scale (CSSR-S) A phase 2A, multicenter, randomized, double-blind, placebo-controlled, 3-arm study to assess the safety, tolerability, PK profile, and symptom response of a 7-day dosing with REL-1017 25 MG QD and 50MG QD as adjunctive therapy in the treatment of patients diagnosed with Major Depressive Disorder. Sub/Investigator and Clinical Rater Assessments / Efficacy scales administered: MINI International Neuropsychiatric Interview (MINI), Brief Psychiatric Rating Scale (BPRS), Columbia Suicide Severity Rating Scale (CSSR-S), Clinical Opiate Withdrawal Scale (COWS), Hamilton Depression (HAM-D),

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	Hamilton Anxiety (HAM-A), Personal and Social Performance (PSP) A multicenter, randomized, double-blind, parallel-group, placebo-controlled, monotherapy, 12 week study to evaluate the efficacy and safety of 2 fixed doses of MIN-101 in adult patients with negative symptoms of schizophrenia, followed by 40-week open label extension. Sub/Investigator and Clinical Rater Assessments / Efficacy scales administered: MINI International Neuropsychiatric Interview (MINI), Positive and Negative Symptoms of Schizophrenia (PANSS), Calgary Depression Scale for Schizophrenia (CDSS), Sheehan Suicidality Tracking Scale (S-STS), Clinical Global Impression (CGI), Verbal Fluency Test (VFT), Personal and Social Performance (PSP) A randomized, double-blind, placebo-controlled, multicenter, efficacy and safety study of Rapastinel for rapid treatment of symptoms of depression and suicidality in adult patients with Major Depressive Disorder. Sub/Investigator and Clinical Rater Assessments / Efficacy scales administered: MINI International Neuropsychiatric Interview (MINI), Montgomery-Asberg Depression Rating Scale (MADRS), Sheehan Suicidality Tracking Scale (S-STS), Clinician Administered Dissociative States Scale (CADSS), Standardized Assessment of Personality-Abbreviated Scale (SAPAS) Multi-center, double-blind, randomized, placebo-controlled, parallel-group, Polysomnography study to assess the efficacy and safety of ACT-541468 in adult and elderly subjects with Insomnia Disorder. Clinical Rater Assessments / Efficacy scales administered: MINI International Neuropsychiatric Interview (MINI), Mini-Mental State Examination (MMSE), Columbia Suicide Severity Rating Scale (CSSR-S)
10/2017 to 10/2018	A phase 3b, multicenter, randomized, double-blind study to evaluate the efficacy and safety of Aripiprazole Lauroxil or Paliperidone Palmitate for the treatment of Schizophrenia in subjects hospitalized for acute exacerbation. Sub/Investigator and Clinical Rater

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	Assessments / Efficacy scales administered: MINI International Neuropsychiatric Interview (MINI), Negative Symptoms of Schizophrenia (PANSS), Columbia Suicide Severity Rating Scale (CSSR-S), Clinical Global Impression (CGI)
	A study to evaluate the effect of ALKS 3831 compared to Olanzapine on body weight in young adults with Schizophrenia, Schizophreniform, or Bipolar 1 Disorder who are early in their illness. Clinical Rater Assessments / Efficacy scales administered: MINI International Neuropsychiatric Interview (MINI), Columbia Suicide Severity Rating Scale (CSSR-S), Clinical Global Impression (CGI)
	A multicenter, randomized, double-blind trial of Brexpiprazole vs. Placebo for the acute treatment of manic episodes, with or without mixed features, associated with Bipolar 1 Disorder. Sub/Investigator and Clinical Rater Assessments / Efficacy scales administered: MINI International Neuropsychiatric Interview (MINI), Columbia Suicide Severity Rating Scale (CSSR-S), Young Mania Rating Scale (YMRS), Montgomery-Asberg Depression Rating Scale (MADRS), Clinical Global Impression (CGI), Global Assessment of Functioning (GAF)
05/2017 to 10/2018	Multicenter, randomized, double-blind, placebo-controlled study to evaluate the efficacy and safety of intramuscular injections of Risperidone ISM in patients with acute exacerbation of Schizophrenia. Clinical Rater Assessments / Efficacy scales administered: MINI International Neuropsychiatric Interview (MINI), Negative Symptoms of Schizophrenia (PANSS), Columbia Suicide Severity Rating Scale (CSSR-S), Clinical Global Impression (CGI), Personal and Social Performance (PSP)
	A multicenter, double blind, randomized, parallel group, active and placebo controlled Polysomnography study to evaluate the efficacy, safety, and tolerability of JNJ-42847922 in subjects with Insomnia Disorder. Clinical Rater Assessments / Efficacy scales administered: Mini-Mental State Examination (MMSE), Columbia Suicide Severity

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Rating Scale (CSSR-S), Insomnia Severity Index (ISI), Computerized Assessment System for Cognitive Function (CDR)

A phase 3, randomized, double-blind, placebo-controlled, parallel group study to evaluate the safety, tolerability, and efficacy of Naltrexone for use in conjunction with Buprenorphine in adults with Opioid Use Disorder transitioning from Buprenorphine maintenance prior to first dose of VIVITROL.
Clinical Rater
Assessments / Efficacy scales administered: MINI International Neuropsychiatric Interview (MINI), Columbia Suicide Severity Rating Scale (CSSR-S), Clinical Opiate Withdrawal Scale (COWS), Subjective Opiate Withdrawal Scale (SOWS), Verbal Fluency Test (VFT), MATRICS Consensus Cognitive Battery (MCCB), Supplemantary Scales/Wechsler Adult Intelligence Scale (WAIS)

Clinical Training Experience

07/2014 to 07/2015	Children's Charter Trauma Inform Clinic Division of Key Program, Waltham, MA Psychology Resident – VOCA (Victim of Crime Act Clinician) Psychology Resident / Outpatient & In Home Therapist Activities involved: Individual and Family Therapy, In Home Therapy, Psychological evaluations consultant, Professional presentations, and Supervision to Pre-Doctoral Interns and Practicum Students. Target Population: Domestic Violence survivor woman from Central and South America suffering Trauma Related, Eating, and anxiety disorders; Children and adolescents experiencing psychological trauma. *Individual Supervisors*: Stephanie Howard, Ph.D., Jeannine Breton, LICSW *Group Supervisor*: Nora Hass, Psy.D.
07/2013 to 07/2014	Multicultural Wellness Center, Worcester MA Psychology Intern Activities involved: Outpatient Therapy (Individual, Family, Couples and Family Therapy), In Home Therapy, and Psychological Evaluations. Target Population: Latin population of children, adolescents, and adults experiencing general psychological distress and trauma. *Supervisor*: Aidza McKenzie, Ph.D.

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08/2011 to 08/2013	Hogar Santa María de los Angeles Outpatient Clinic, Guaynabo PR Psychology Student in Clinical Practice Activities involved: Psychotherapy to children, adolescents and adults, Family Therapy, and Psychological Assessments. *Supervisor*: Joycette Aponte, Psy.D.
01/2011 to 12/2011	San Patricio Mental Health Center, San Juan PR ASSMCA Psychology Student in Clinical Practice; Outpatient Therapy and Partial Hospitalization Program Activities involved: Individual Psychotherapy; Psychological Assessments; Collaboration and discussion of cases with a multidisciplinary team. *Supervisor*: Rosael Zeno, Psy.D.
08/2009 to 05/2011	Community Mental Health Community Clinic at Carlos Albizu University, San Juan PR Psychology Student in Clinical Practice Activities involved: Psychotherapy to children, adolescents and adults, Assessment of Intelligence, Psychological Assessment, Psychotherapy with victims, perpetrators and secondary victims in sexual abuse. *Supervisor*: Emma Lizardy, Psy.D.

Skills

Clinical & Assessment Skills

- Psychological and neurocognitive assessment
- Adult autism diagnostic evaluations and developmental assessments
- Individual, group, family, and couples psychotherapy across diverse populations
- Trauma-informed care
- Crisis intervention, suicide risk assessment, and management
- Experience with evidence-based interventions for mental health, substance use, and co-occurring disorders
- Competence in culturally responsive and neurodiversity-affirming care

Supervision & Leadership Skills

- Clinical supervision of graduate trainees, interns, and associate therapists
- Personnel management and mentorship
- Team collaboration and multidisciplinary coordination

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Research & Academic Skills

- Clinical trial administration and efficacy scale scoring
- Study design, protocol adherence, and clinical data collection
- Course and curriculum development for graduate-level psychology programs
- Workshop design and delivery for educational and professional audiences

Professional & Technical Skills

- Telehealth service delivery and virtual assessment proficiency
- Proficiency in Microsoft Office, Electronic Health Records, and digital assessment platforms
- Strong organizational, time management, and documentation skills
- Bilingual in English and Spanish, full oral and written proficiency

References available upon request.

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