Ashley Franklin, DC, CCSP, CSCS

Professional Profile

Sports-focused Doctor of Chiropractic with 7+ years of experience providing care t elite athletes, collegiate programs, and professional sports organizations (NFL, NHL XFL). Certified Chiropractic Sports Practitioner (CCSP) and Certified Strength & Co ditio ing Specialist (CSCS) with expertise in injury prevention, rehabilitation, and athletic performance optimization. Skilled in Active Release Techniques and evid nce ba d soft tissue therapy, with a background as a professional natural bodybuilder

Professional Experience

FMR Quality Pain Management | *Doctor of Chiropractic | Ja 2024 Present*

- Deliver evidence-based chiropractic care for pai management patients, focusing on functional recovery and long-term wellness.

University of Southern California – Sports Medicine Department | *Doctor of Chiropractic | Nov 2022 – Mar 2024*

- Provided chiropractic care to USC athletes across multiple sports, supporting injury prevention, rehabil tatio , and athletic performance for over 200 student-athletes annually.

Cornerstone Service Corp | Territory Manager | Aug 2023 – Present

Provide admi istrative and logistical support for chiropractors working within Federally Qualifi d Health Centers (FQHCs) throughout Los Angeles County. Coordinate provider scheduling, ensure compliance with healthcare regulations, and maintain high operational efficiency across multiple clinic sites. Facilitate communication between chiropractic teams, medical directors, and administrative staff to optimize patient care and clinic performance.

The Doctor's Office | *Doctor of Chiropractic | Feb 2023 – Jan 2024*

- Delivered comprehensive chiropractic care with an emphasis on musculoskeletal rehabilitation and soft tissue therapy.

NOT YET RETAINED

Health Atlast, Los Angeles, CA | *Doctor of Chiropractic | Jul 2022 – Feb 2023*

- Collaborated in a multidisciplinary clinic to integrate chiropractic care with medical and physical therapy services.

Back to Function, Lomita, CA | *Associate Doctor of Chiropractic | 2019 – 2022*

- Provided chiropractic and rehab services for patients and athletes, while working with the USC athletic department and professional sports teams including the LA Wildcats (XFL) and LA Kings (NHL).

Wolmed Pain Management Specialists, Dallas, TX | *Doctor of Chiropractic | 2019*

- Specialized in multidisciplinary pain management care for diverse pa ient populations.

Premier Chiropractic of Southlake, TX | *Associate Do tor of Chiropractic | 2018 – 2019*

- Delivered patient-centered chiropractic treatm nt with a focus on sports injury rehabilitation.

Physical Chiropractic of Tampa Bay, FL | *S udent Intern | 2017*

- Provided chiropractic care as part f the medical team for the Tampa Bay Buccaneers (NFL).

Certifications & Licensure

- California Department of Public Health – Radiography X-ray Supervisor and Operator (2022 Present)
- California Board of Chiropractic Examiners – Licensed Chiropractor (2019–Present)
- Certifi d Strength & Conditioning Specialist (CSCS), National Strength and Conditioning Associa on (2019)
- Certified Chiropractic Sports Practitioner (CCSP), American Chiropractic Board of Sports Physicians (2019)
- Active Release Techniques – Long Nerve Entrapment (2019), Spine Level 1 (2018), Upper & Lower Extremity Level 1 (2017)

Education

Palmer College of Chiropractic, Port Orange, FL | Doctor of Chiropractic, Summa Cum Laude (2017)

NOT YET RETAINED

University of Nevada, Las Vegas | Bachelor of Science in Kinesiological Sciences (2014)

Honors & Achievements

- Pro Elite Athlete Award & Best Presentation – Professional Natural Bodybuilding Association (2020)
- Academic Excellence Award – Palmer College of Chiropractic (2017)
- NCAA Division I 2nd Team All American, Outdoor Track & Field – University of Nevada, Las Vegas (2013)
- NCAA Division I All Academic Award – University of Nevada, Las Vegas (2013)

Professional Development

- Certified Chiropractic Extremity Practitioner (CCEP) Program – Currently Enrolled (2025–2026)
- Certified Chiropractic Sports Physici n Program – Completed 100+ hours postgraduate education, Northwestern Health Sciences University (2019)

NOT YET RETAINED