VITA

ERIC J. GARDNER, PSYD

Clinical Psychologist

State of California -- Board of Psychology (Active) License Number: PSY24300

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EDUCATION

Doctor of Psychology (PSYD): Clinical Psychology, California School of Professional Psychology at Alliant International University, Fresno, California. American Psychological Association Accredited

Major Field: Clinical Psychology. Dissertation: “Is anatomy destiny in dreams? A content analysis of the dreams of heterosexual and homosexual men and women.” Chair: Siobhan O’Toole, Ph.D. Dissertation defended April 2007. May 31, 2008.

Master of Arts, Clinical Psychology, California School of Professional Psychology at Alliant International University, Fresno, California. May 21, 2006.

Bachelor of Arts, Psychology, Saint Martin’s University, Lacey, Washington. May 22, 1998.

Associate in Arts and Sciences, Pierce College, Tacoma, Washington. December 13, 1996.

CLINICAL EXPERIENCE

Brain Health USA — Remote (California)

Licensed Clinical Psychologist — November 2023 - October 2025

Provide clinical psychological services including psychotherapy via telehealth to children, adolescents, and adults

- Individual psychotherapy
- Couples Therapy
- Family Therapy

Path — Remote (California)

Licensed Clinical Psychologist — March 2022 - October 2023

Provide clinical psychological services including psychotherapy via telehealth to children, adolescents, families, couples and adults

- Individual psychotherapy
- Couples Therapy
- Family Therapy

Mental Health Clinic, 377th Medical Group, US Air Force — Kirtland AFB, New Mexico

Licensed Clinical Psychologist — September 2020 to March 2021

Supervisor: Major Benjamin Carter, PhD, Chief, Mental Health Clinic

- Provide clinical outpatient services to adult service-members
  - Individual psychotherapy towards adaptive skill-building via cognitive-behavioral, trauma-focused, motivational interviewing, and phenomenological modalities
  - Individual brief-therapy interventions averaging 4-7 sessions
  - Range of diagnostic issues, including attention deficits/hyperactivity, depression, anxiety, adjustment to life stressors, adaptive behavior deficits
  - High-risk and safety assessments

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- Peer consultation and review of diagnostic features utilizing the Diagnostic and Statistical Manual of Mental Disorders-Fifth Edition
  - Monthly peer review and consultation

- Coordination of care and referrals to intra-department services
  - Alcohol and substance use/abuse assessments
  - Social services
  - High-Risk case management

CHE Behavioral Health Services Fresno, California

Clinical Psychologist, Licensed — September 2019 to June 2020

Supervisor: Slade Burrus, MS, MFT — Regional Manager

- Provide clinical outpatient services to adult geriatric population in Skilled Nursing Facilities located in Central Valley, including sites in Reedley, Clovis, Fresno, Fowler
  - Individual psychotherapy
  - IntakesCrisis interventions\Safety assessments
  - Behavior modification consultations

- Individual psychotherapy towards adaptive skill-building via cognitive-behavioral, trauma-focused, motivational interviewing, altered neuro-status adaptation, and phenomenological modalities
  - Individual brief-therapy interventionRange of diagnostic issues, including depression, anxiety, adjustment to life stressors, adaptive behavior deficits, dementia and other cognitive disorders

- Psychological testing for diagnostic clarification, cognitive strengths and weaknesses,
  - treatment planning and community referrals
  - Neurobehavioral exams

- Organizational consultation
  - Development of staff interventions
  - High-Risk case management
  - Safety assessment

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Munson Army Health Center (Gentry Clinic), US Army — Fort Leavenworth, Kansas

Clinical Psychologist, Licensed — April 2016 to December 2018

Supervisor: Angela Rogers, PhD, Sub-Chief, Department of Behavioral Health

Provide clinical outpatient services to adults, adolescents/children and families

- 40-hour work week:
  - 25+ hours individual psychotherapy
  - 4 hours intakes (new patients)
  - 4 hours psychological testing and assessments
  - 2 hours clinical and staff meetings
  - Walk-in availability; report writing, etc., as needed
- Individual and group psychotherapy towards adaptive skill-building via cognitive-behavioral, trauma-focused, motivational interviewing, altered neuro-status adaptation, and phenomenological modalities
- Individual brief-therapy interventions, averaging 4-7 sessions
- Range of diagnostic issues, including attention deficits/hyperactivity, depression, anxiety, adjustment to life stressors, adaptive behavior deficits

Psychological testing for diagnostic clarification, cognitive strengths and weaknesses, treatment planning and community referrals

- Children, adolescents and adults
- Screening and assessment of traumatic brain injuries
- 100+ hours of face-to-face administration with standardized protocols
  - Wechsler Intelligence Scale for Children-Fifth Edition
  - Leiter International Performance Scale
  - Peabody Picture Vocabulary Test-Third Edition
  - Wechsler Adult Intelligence Scale-Fourth Edition
  - Personality Assessment Inventory
  - Test of Variables of Attention
- Report writing, integration and communication of findings to providers, patients, community educators and agencies

Community and Auxiliary Support

- Peer consultation and review of diagnostic features
- Monthly peer review and consultation
- Alcohol and substance use/abuse assessments
- High-Risk case management

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Gallup Indian Medical Center, Indian Health Services — Gallup, New Mexico

Clinical Psychologist, Licensed

October 17, 2011 to December 25, 2015 (Acting) Department Chief, 4-Directions Behavioral Health Services — January – September 2015

Supervisor: Loretta Christensen, MD, MBA, MSJ, FACS, Clinical Director

Provide clinical outpatient services to adults, children and families

- 40-hour work week
  - 18 hours individual psychotherapy
  - 9 hours urgent/walk-in provider schedule
  - 2 hours psychological testing and assessments
  - 6 hours clinical and staff meetings
  - 5 hours administrative and report writing
  - 12 hours emergency and crisis response duties
  - 2 hours adult group psychotherapy
- Individual and group psychotherapy towards adaptive skill-building via cognitive-behavioral, trauma-focused, motivational interviewing, altered neuro-status adaptation, and phenomenological modalities
  - Individual brief-therapy interventions averaging 4-7 sessions
  - Group treatment with 9-week curriculum on stress reduction skills (historical, not current due to temporary detail)
- Psychological testing for diagnostic clarification, cognitive strengths and weaknesses, treatment planning and community referrals
  - Screening and assessment of traumatic brain injuries
  - 50+ hours of face-to-face administration with standardized protocols
    - Wechsler Intelligence Scale for Children-Fourth Edition
    - Leiter International Performance Scale
    - Leiter International Performance Scale-Third Edition
    - Peabody Picture Vocabulary Test-Third Edition
    - Kaufman Brief Intelligence Test
    - Wechsler Adult Intelligence Scale-Fourth Edition
    - Wechsler Memory Scale-Third Edition
- Report writing, integration and communication of findings to providers, patients, community educators and agencies

Community referrals and auxiliary supports

- Peer consultation and review of diagnostic features utilizing the Diagnostic and Statistical Manual of Mental Disorders-IV-TR
- Assist department social workers and registered nurse specialists
- Case conceptualization and treatment planning

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- Coordination of care and referrals to intra-department services
- Alcohol and substance use/abuse assessments
- High-Risk case management
- Office of Native Medicine (Traditional healing ceremonies)

Provide in-hospital consultation for mental status evaluations, crisis intervention, suicide assessment

- Weekly provider duties for inpatient consultations and walk-in patients
- Coordination of services with intra-state agencies for emergency stabilization and short-term inpatient treatment and hospitalization
- Crisis management

Provide monthly on-call duties and after-hours support

- 150+ hours of emergency and crisis interventions
  - Suicidal ideation or attempts, psychosis and/or grave disability issues
  - Utilization Collaborative Assessment and Management of Suicidality Approach and protocol
  - Assessment disposition recommendations:
    - Inpatient hospitalization and transfer to psychiatric units (>25%)
    - Local outpatient referrals and appointments (<75%)
  - Coordination of care and case management of 90+ High-Risk patients
  - Tracking, monitoring and treatment availability through crisis periods

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(Acting) Department Chief

- Led mental health and administrative support staff and teams
  - Adult Team: two adult psychiatrists, one adult psychiatric nurse; two adult psychologists, one master's-level therapist
  - Child Team: one child psychiatrist and one registered nurse; one child psychologist, one master's-level therapist
  - Alcohol and substance use/abuse master's-level social scientist High-Risk Case Manager/Mental Health Technician
  - Two administrative support staff personnel
- Developed baseline department metrics and goals in relation to Patient Flow
- Identified (3) critical outpatient services and hospital expectations
- Department Goals and Progress
  - Monthly average: 383.2
  - Urgent walk-in
    - Monthly average: 109.4
  - Consultations (intra-hospital)
    - Monthly average: 80.8
- Total monthly average department requests for services: 574.6 Identified individual provider performance metrics
- Goal: Minimize scheduled patient wait-times
  - Met goal: reduced from 6 to 3 minutes
- Goal: Minimize urgent walk-in response times
  - Met goal: reduced from 35 to 11 minutes
- Goal: Reduce/diminish intra-department interpersonal friction

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  - Met goal: Identified clear lines of patient flow and provider service
- Managed provider-patient complaint process

Coalinga State Hospital Coalinga, California

Staff Psychologist July 16, 2008 to September 2, 2011
Clinical Supervisor: Michael Manbeck, Psy.D.
Administrative Supervisor: Lindsey Wysong, Psy.D.

- Unit Psychologist: Provide inpatient case management and discharge planning for adult males in forensic institutional setting. Provide brief individual cognitive-behavioral and motivational interviewing psychotherapy and behavioral and crisis interventions to multicultural and diverse forensic population.
  - Caseload of 25-50 patients: Presenting primarily with, but not limited to the following diagnostic issues: Pedophilia, Paraphilia NOS, Depression, Anxiety, Adjustment Disorders, Substance Abuse and Dependence, Post Traumatic Stress Disorder, Learning Disabilities, other Mood and Cognitive Disorders, and Antisocial Personality Disorders.
  - 20+ hours of Wellness and Recovery Planning weekly
    - Team Leader for Wellness and Recovery Plan
    - Ensured integrity of clinical and legal documentation
    - Updated and monitored treatment progress
    - Led interactive team meetings with patients
    - Face-to-face interventions with Team members, including patients
  - 12+ hours weekly for crisis interventions and administrative duties
  - Hand-picked to lead problematic Unit and create therapeutic milieu
    - Worked with Unit floor staff to establish order and unit integration
    - Developed effective and easily-adaptable interventions
    - Enhanced Unit staff-patient interactions
  - Group Treatment: Facilitator of group therapy for adult males, including Sex Offender Treatment Program: Skills Acquisition: Phase II, Skills Application: Phase III; Self-Esteem; The Importance of Civility.
    - Eight (8) hours face-to-face group treatment weekly
    - Psychosocial and adaptive skills training toward stress tolerance and impulse control
  - Coordination of Care: Interdisciplinary teams, including: psychiatrists, medical doctors, social workers, rehabilitation therapists, registered nurses, and psychiatric technicians. Ensure discharge planning and treatment to facilitate reintegration of target population to the community
  - Ongoing Training: Attend weekly group presentations and case formulation discussions for professional development.
  - Professional Consultation: Expert witness to legal system regarding patient treatment and progress, including court appearance and testimony

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Registered Psychological Assistant July 9, 2007 to June 28, 2008 PsyD Pre-doctoral Intern
Supervisor: Mark Barnes, PhD

Full-Time Intern: Provided outpatient brief and short-term individual, group, and family therapy for children and adolescents in private outpatient mental health clinic. Services provided to multicultural individuals and families addressing diverse psychological conditions.

- 1800+ hours toward program requirements and clinical experience
- Intake Assessments: Comprehensive, multi-axial diagnosis of clients and treatment planning.
- Individual/Family Treatment: Brief and short-term weekly therapy utilizing cognitive-behavioral, family systems, psychodynamic, and play therapy treatment approaches to facilitate treatment, improve coping, and improve overall psychological functioning
  - 15-20 individual/family treatment hours weekly
- Clients presenting with, but not limited to: Bipolar Disorder, Autism Spectrum Disorders, Pervasive Developmental Disorders, Asperger's Disorder, Attention Deficit Hyperactivity Disorder, Depression, Adjustment Disorders, Substance Abuse, Learning Disabilities, Mental Retardation, Brain Damage, Seizure Disorders, and Drug Exposure
- Group treatment: Co-facilitation of group therapy for children and adolescents. Group diagnostic features include, but not limited to: Mood and Anxiety Disorders, Autism Spectrum Disorders, and Social Phobia
  - 4-6 hours group treatment weekly
- Psychodiagnostic Assessments: Conduct three integrated psychological evaluations per week with infants, children, adolescents, and adults for Central Valley Regional Center to aid in determining eligibility for social services
  - 6-9 hours face-to-face standardized protocol administration weekly]
- Populations included, but not limited to: Developmental Disabilities, Autism Spectrum Disorders, Pervasive Developmental Disorders, Mental Retardation, Communication Disorders, and Language Disorders
- Psychodiagnostic assessments for the clinic, including comprehensive psychological testing and reports, integrating intellectual, adaptive, and personality measures to aid in differential diagnosis
- Head Start Program Evaluation and Consultation: Conduct on-site assessments of Head Start centers throughout the Central Valley. Provide feedback directly to on-site teachers and supervisors, as well as verbal and written reports. Coordination of care services with parents and teachers
- Ongoing Training: Attend weekly didactic seminars on topics including brain function, case conceptualization, and developmental disabilities such as Autism Spectrum Disorders, Mental Retardation, Attention Disorders, learning disabilities, neurocognitive and projective measures
- Coordination of Care: interdisciplinary teams, including: psychiatrists, medical doctors, school teachers and administrators, and other mental health professionals

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W. Gary Cannon Psychological Services Center — Fresno, California

PsyD Psychological Trainee — May 22, 2006 to May 31, 2007

Supervisors: Gregory Cherney, Ph.D. –Clinical Valerie Forward, Ph.D.—Assessment

- Psychological Trainee: Provided brief and short-term individual treatment to adults in a training outpatient mental health clinic. Services provided to multicultural individuals and families addressing diverse psychological conditions.
- Caseload of 15-20 client hours weekly with clients presenting with, but not limited to, the following diagnostic issues: Bipolar Disorder, Attention Deficit Hyperactivity Disorder, Anxiety, Depression, Adjustment Disorders, Substance Abuse, Learning Disabilities, Mental Retardation, and Schizophrenia.
- Intake Assessments: comprehensive, multi-axial diagnosis of clients and treatment planning.
- Individual Depth Treatment: Brief and short-term weekly therapy utilizing primarily psychodynamic treatment approaches to facilitate treatment, improve coping, and improve overall psychological functioning.
- Ongoing Training: Weekly didactic seminars on topics including case conceptualization and dynamic treatment approaches in a diverse university population.

Figarden and Starr Elementary Schools — Fresno, California Psy.D, Psychological Trainee January 24, 2005 to May 26, 2005 Supervisor: Amy Neff, M.S.

Psychological Trainee: Administered intellectual assessments in elementary schools settings. Observed a range of intellectual performance assessments under the supervision of a school psychologist.

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TESTS ADMINISTERED

Intelligence Tests:

Wechsler Adult Intelligence Scale-Third and Fourth Editions
Wechsler Memory Scale-Third Edition

Wechsler Intelligence Scale for Children-Fourth Edition Leiter International Performance Scale

Leiter International Performance Scale-Third Edition Stanford Binet-Fifth Edition

Comprehensive Test of Nonverbal Intelligence Kaufman Downward Extension of the Stanford-Binet Test of Nonverbal Intelligence-Third Edition Achievement Tests:

Wide Range Achievement Test-Fourth Edition

Language Skills Assessments:

Peabody Picture Vocabulary Test-Third/Fourth Editions

Visual-Motor Integration Assessments:

Beery-Buktenica Developmental Test of Visual-Motor Integration

Behavioral Assessments:

Achenbach Checklists Conner's Parent/Teacher Vanderbilt

Adaptive Behavior Assessments:

Adaptive Behavior Assessments System-Second Edition Street Survival Skills Questionnaire

Attachment Assessments:

Marshack Interaction Method

Personality Inventories:

Millon Clinical Multiaxial Inventory-Third Edition

Minnesota Multiphasic Personality Inventory –Second Edition
Personality Assessment Inventory

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Personality Inventory-Adolescent

Projective Measures:
Beck Depressive Inventory

Thematic Apperception Test

Children's Apperception Test

Draw-A-Person

House-Tree-Person

Rorschach-Exner Scoring System

Sentence Completion

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REFERENCES

Claudia Cleveland-Soter, Ph.D., Clinical Psychologist, Department of Behavioral Health (Gentry Clinic), Munson Army Health Center, US Army

Tel: 913-406-1527

Gabe Longhi, Psy.D., Clinical Psychologist, Behavioral Health Services, Gallup Indian Medical Center Tel: 505-879-1809

Joseph Stone, Ph.D., (Former) Chief and Clinical Psychologist, 4-Directions Behavioral Health Services, Gallup Indian Medical Center

Tel (New Zealand): 0210 275 5869

Mark Barnes, Ph.D. Clinical Psychologist, Therapy4Kids, LLC Tel: 559-978-3339

Barry Mendolsohn, M.D., Child Psychiatrist, 4-Directions Behavioral Health Services, Gallup Indian Medical Center

Tel: 301-646-1917

Wayne Nickens, M.D., Psychiatrist (contractor), Gallup Indian Medical Center Tel: 702-277-9112

Michael Manbeck, Psy.D., Clinical Supervisor, Wellness and Recovery Plan Trainer, Coalinga State Hospital Tel: 559-934-8084

Siobhan O'Toole, Ph.D. Assistant, Ph.D. Program, California School of Professional Psychology at Alliant International University, Fresno, California. Dissertation Chair and Professor.

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