
Matthew Gibbons, Psy.D.

Licensed Clinical & Forensic Psychologist

PSY 27185 (California)
NV-PY1278 (Nevada) PSYPACT

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Education

Illinois School of Professional Psychology at Argosy University, Chicago, Illinois
Doctoral Degree in Clinical Psychology, 2009
APA Accredited Program

Master's Degree, Clinical Psychology, 2006
APA Accredited Program

The University of Iowa, Iowa City, Iowa
Bachelor of Arts in Psychology, 1998

Clinical Experience

Dr. Matt Gibbons Psychology, INC
Licensed Clinical/Forensic/Sport Psychologist
Independent Contractor 1099, Licensed Psychologist
Los Angeles (and surrounding areas), California
April 2018- Current

- Provide specialized individual therapy to clients utilizing Cognitive Behavioral Therapy (CBT) techniques, tailoring interventions to address a wide range of psychological issues within a private practice setting. DSM 5/ICD 10 diagnostic expertise.
- Perform comprehensive psychological assessments for clients presenting with PTSD, trauma, and injury-related concerns, utilizing evidence-based tools and methods to inform treatment planning, case evaluations, and legal proceedings.
- Successfully passed the Qualified Medical Examiner (QME) examination, enabling the conduct of independent medical-legal evaluations and providing expert insights within a forensic context.
- Serve as a contracted forensic psychologist, conducting thorough assessments for legal cases and providing expert witness testimony in court, ensuring objective and professional delivery of psycho-legal findings.
- Operate as an independent contractor in a private practice environment, delivering a range of psychological services—including therapy, assessments, and forensic evaluations—with an emphasis on ethical standards, confidentiality, and client-centered care.

County of Orange HCA
Licensed Clinical Psychologist, Forensic II
Southern California/ Orange County and surrounding areas
November 2018- May 2026

- Forensic Clinical Psychologist performing multifaceted evaluations of adult mental health patients at psychiatric facilities throughout Southern California Counties for assessment of Grave Disability, Least Restrictive Level of Care, and Capacity to Give Informed Consent.
- Administer psychological assessments to clients to determine their level of functioning to determine if they were appropriate to reside in the facility to which they have been assigned (Level of Care Assessment) or if they meet clinical criteria for diagnosis.
- Qualified Expert Witness to provide testimony (court and jury trials) in Superior Court for matters related to civil commitment, consultation to Public Guardian, Mental health providers, County Counsel and private attorneys, and families.
- Assessment of inmates/patients for "Murphy" Conservatorship involving mentally ill defendants who pose a risk of harm to the community.
- Execution of Declarations in Support of Temporary Conservatorship, and Declarations in Support of Termination of Conservatorship.

Genesis New Beginnings (Substance Abuse Treatment Center)
Licensed Clinical Psychologist
Clinical Director, Licensed Psychologist (Consultant)
Huntington Beach, California
April 2018- May 2026

- Provided integrated CBT/behavioral health services to individuals in treatment center and inpatient facilities to Severely mentally ill patients, including but not limited to: Schizophrenia, Mood Disorders, Psychosis, Cognitive decline, Pain Management, Cognitive Rehabilitation, Suicide risk, and end-of-life dilemmas, as well as dual-diagnosis.
- Administer psychological assessments to clients to determine their level of functioning to determine if they were appropriate to reside in the facility to which they have been assigned (Level of Care Assessment) or if they meet clinical criteria for diagnosis.
- Consulted with multidisciplinary treatment staff of the facility for appropriate Integrated care including; Nursing staff, Medical doctors, OT, PT, Speech/Language, Administration and other clinical staff.
- Provide clinical supervision to students pursuing licensure in MFT and Clinical Psychology fields.
- Generated initial diagnostic evaluation, case reports and progress notes and conveyed the findings and recommendations to staff, administrators, clients and their families.

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Logical Behavioral Health
Independent contractor, Licensed Clinical Psychologist (Consultant)
Southern California & surrounding areas
November 2021- October 2023

- Provide individual CBT and group psychotherapy to patients who seek assistance coping with a wide range of Severely mentally ill conditions including but not limited to; Depression, Anxiety, Mood Disorders, Psychosis, Cognitive decline, Pain Management, Suicide assessment, and career counseling.
- Administer clinical assessment, brief individual psychotherapy, group counseling, crisis intervention, and outreach services to a diverse student population, as well as consultation to colleagues, coworkers, and administration in CAPS/UCSHIP referrals.
- Imparted education and psycho-education regarding medical terms, medical conditions, psychological and medical etiologies and rationale in order to promote adherence to recommended behaviors and treatments.
- Educated clients in methods of goal setting, concentration, optimal functioning and motivation to help them reach their personal goals.
- Offered clients the opportunity to participate in and gain knowledge of Cognitive Behavioral Theory and Technique, Performance Training, Relaxation techniques including; visualization and imagery, relaxation training, Progressive Muscle Relaxation, Autogenic Relaxation.
- Generated initial evaluations, progress notes and treatment plans and conveyed the findings and recommendations to staff, administrators, clients and their families.

The Chicago School of Professional Psychology (Southern California Campuses)
Director of Clinical Training, Applied Clinical Department (PsyD)
Irvine, Los Angeles, & San Diego, California
August 2014- September 2020

- Oversee the practicum and internship experience for the students in the Psy.D. Psychology (Post-Master's) program.
- Collaborate with and act as a liaison between the academic program administration and faculty, the training sites, and the students across various campuses.
- Develop and maintain a network of practicum sites, as well as relationships with site supervisors.
- Oversee the education of students who are new to the practicum and internship search processes/practices and consult with these students who are encountering issues related to their practicum and internship experience.
- Oversee the review of practicum and internship evaluations and related paperwork.
- Act as the *Course Custodian* for "Cognitive-Behavioral Theories" that includes development, implementation and maintenance of the capstone requirements of this course across campuses.
- Participate in the Psy.D department meetings including the development of the program and in department-level strategic planning and budget process.

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St. Jude Hospital
Licensed Clinical Health & Neuropsychologist
Orange County, California
October 2016-July 2018

- Provide Neurological Testing and Cognitive rehabilitation therapy to inpatient and outpatient rehabilitation patients including Brain Injury (TBI), Stroke, Dementias, Mood Disorders, Pain Management, and Mild to Severe Cognitive impairment, for purposes of differential diagnosis and Level of Care assessment.
- Incorporate CBT/behavioral plans for anxiety, depression, and inappropriate behaviors through rapport building, reinforcement, coping strategies, and incremental exposure for individuals who are recovering from serious brain injury.
- Work with diverse patients and families to incorporate a return to baseline functioning and including memory and concentration training, goal setting, motivation enhancement, cognitive-based psychotherapy, pain management, relaxation techniques and progressive muscle relaxation.
- Evaluate clients to determine their level of safety and overall functioning to determine if they were an appropriate placement to the one which they have been assigned (Level of Care Assessment)
- Consult with multidisciplinary treatment staff of the hospital for appropriate Integrated care including e.g., nursing staff, medical doctors, OT, PT, Speech/Language therapists, Administration and CNA staff.

The Chicago School of Professional Psychology (Chicago and MAP Program)
Associate Professor-Adjunct Faculty (TOPS Certified)
Chicago, Illinois
January 2010- Current

- Teach On-ground and Online Graduate School level courses at the Masters and Doctoral level including, but not limited to: Cognitive Behavioral Theory, Existential/Humanistic Psychotherapy, Introduction to Theories, Health and Wellness, Career Counseling, Ethics, Group, and Clinical and Diagnostic Interviewing.
- Provide classroom instruction on various disciplines and topics in accordance with the college's requirements.
- Prepare coursework, lesson plans, and developed teaching strategies to engage students in an interactive learning process.
- Lecture and communicate effectively with students of diverse backgrounds.
- Inform students about course requirements, evaluation procedures, and class participation and attendance requirements according to the course syllabus.
- Advise students on academic and career options, future classes to consider, and other topics.
- Evaluate and critique papers, journal entries, and class presentations.
- Challenge students, encourage participation and attendance, and motivate to learn effectively.
- Facilitate learning through non-traditional teaching and training, including the internet and off-campus tools.

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Little Company of Mary San Pedro Hospital Providence
Neuropsychological/Acute Rehabilitation Postdoctoral Fellow
Los Angeles, California
September 2008-August 2009

- Duties included review of client clinical records and administration of neuropsychological, cognitive, and intelligence assessments to patients in an acute rehabilitation setting enduring the effects of e.g., stroke, traumatic and non-traumatic brain injury, spinal cord injury, knee replacement, Pain Management, depression, obesity, and/or ETOH and substance abuse for purposes of differential diagnosis and Level of Care assessment
- Worked with multiculturally diverse patients and families to incorporate a return to baseline functioning and including memory and concentration training, goal setting, motivation enhancement, cognitive-based psychotherapy, pain management, relaxation techniques and progressive muscle relaxation.
- Presented patients' current level of cognitive abilities at the weekly Integrated Care team meeting geared towards each patient's coordination of care.
- Facilitated the stroke recovery group including education, discussion topics, guest speakers, and special event topics open to patients and caregivers.
- Participated in a neuropsychological seminar at Long Beach Memorial Hospital that covers neuro-anatomy, memory functioning, neurological assessments, and tactile, auditory, and visual field measures.
- Required thorough working knowledge of HIPAA/Privacy laws, Duty to Warn (Tarasoff), Child and Elder Abuse Reporting Laws, W & I Codes related to involuntary hospitalization (5150, 5250, 5350/Conservatorship)
- Supervised graduate students that include observation of student testing and feedback, as well as the insight and underlying issues of treatment.
- Observed patients in video "swallow assessments" and electrical stimulation treatment for dysphasia.

Center for Psychological Services
Postdoctoral Fellow
Northfield, Illinois
August 2009- December 2010

- Provided the full realm of cognitive psychodiagnostic testing and re-evaluation to clients to determine eligibility for special education services.
- Provided cognitive testing, evaluation and diagnosis of children and adolescents at Streamwood Behavioral Health Hospital, including parental input and clarification.
- Instructed staff members and teachers various fundamental learning theories, behavioral intervention plans, introductory psychology methods, and data access to promote general knowledge and ability.
- Presented the material to parents and teachers of the findings and responded to questions regarding the results. Duties include full cognitive testing, student, teacher and parent interviews, consultation, teacher evaluation, and report writing.
- Acted as the RTI (Response to Intervention) liaison whose duties include the scheduling, implementation, tracking, and education of the State of Illinois recognized program of school reform and improvement for at-risk, underserved, and/or low SES students.
- Participated in weekly supervision sessions that include case and general education.

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Pre-Doctoral Internship/Externship Experience

Sheridan Shores Care and Rehabilitation Center
Psychology Pre-Doctoral Internship
Chicago, Illinois
June 2007-August 2008 (Completion of 2000 hour training internship requirement)

- Provided the full range of psychological services to Severely mentally ill residents including a full testing battery, individual therapy and group facilitation using a Cognitive-Behavioral framework by addressing the various symptoms and aspects of each individual.
- Fulfilled Internship requirements including resident caseload and maintenance, as well as guidance and education for doctoral level Testing and Therapy externs from the participating University Clinical Psychology Programs.
- Participated in didactic presentations and workshops on aspects of group therapy and individual cases of Cognitive-Behavioral topics to local area hospitals, day centers and nursing home facilities.
- Worked closely in conjunction with the Director of Clinical Training on publications which most recently include *Lexicon for the DSM-IV*

Clinical Research Project.

Illinois School of Professional Psychology at Argosy University
Chair: Dr. Carol Oster, Chicago, Illinois

- "Predicting Baseball Player Success with 16 Personality Factors"
- A study that explores the performance statistics of Major League Baseball players by statistically analyzing and comparing the results to personality characteristics as measured by *The 16 Personality Factors (16PF)*.

Presentations, Publications & Workshops

The Brain Injury Association of Illinois Education Conference 2009, Oakbrook, IL October 2009.

"Cognitive Behavioral Treatment of Groups," a presentation at the monthly staff meeting at Westlake Hospital, Melrose Park, IL by Dr. C. Nigro, 2007.

Freeman, A., Livingston, M. & Gibbons, M. (2007). *Lexicon for the Diagnostic and Statistical Manual, Fourth Edition (DSM-IV)*.

Association for Applied Sport Psychology 2007 Conference Proceedings, Louisville KY, October, 2007.

Certifications

Crisis Prevention Institute (CPI), Nonviolent Crisis Intervention, 2007

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Professional Associations

American Psychological Association (APA), Member, since 2004
California Psychological Association (CPA), Member, since 2009
Association for Applied Sport Psychology (AASP), Member, since 2005
Psychological Society of Ireland (PSI), Member, since 2018

Other Work Experience

Chicago Sport and Social Club
Coordinator/Team Captain
Chicago, Illinois, January, 2001-Present

- Organized and participated in activities in the Chicago area that includes softball, football and soccer.
- Responsible for planning, recruiting, and training of team members that includes maintaining excellent coordination, time management and accessibility for and between team members.
- Acted as the liaison between the team and the financial sponsor. Ultimately responsible for the recruiting and acquisition as well as maintaining a positive work/team relationship.

St. Laurence High School
Assistant Coach
Burbank, Illinois, May 1998-March 1999

- Coaching duties included teaching and overseeing practice in either a group or an individual basis.
- Relied on personal experience and positive coaching skills for performance enhancement, teambuilding and the promotion of positive self-esteem for high school athletes.

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